

### Agenda :-

- ① Introduction - Dr. Jheema Das
- ② President takes chair
- ③ Introduction and Felicitation of the guests
- ④ Light of the lamp :- Mrs. Mamoni Hazarika  
President Women cell, GIMKC
- ⑤ Welcome speech :- Dr. Dilip Kr. Jha, Principal, GIMKC
- ⑥ speech by Mr. Ajay Patir - Treasurer, DDAET
- ⑦ scientific description of Yoga by Mr. Yadav Pokhral  
(Yoga Instructor)
- ⑧ Vote of thanks - Dr. Amar Jyoti Doley, NSS  
programme officer, GIMKC.
- ⑨ Declaration of end of the meeting, with  
National Anthem.

Proceeding :- Today, on June 21st, 2022, International Yoga Divas is observed. The programme was organised by the NSS unit of Gogamukh College in collaboration with the Women Cell of Dhemaji-Dhakuakhana zone of Assam College Teachers' Association (ACTA). Dr. Jheema Das, Assistant General Secretary of Dhemaji-Dhakuakhana zone, conducted the programme. The meeting was presided over by Dr. Dilip Kr. Jha, Principal Gogamukh College. and Mrs. Mamoni Hazarika, chairperson of women cell of Gogamukh college lighted the lamp. Mr. Ajay Patir, Associate Prof. of Dhemaji college and Mr. Ajit Sharma, Assistant Professor of Harhe college attended the programme as special guests. Mr. Yadav Pokhral, Principal, Rudraksh Yoga Kendra, spoke about the needs to do

*Doley*  
President  
Women Cell  
Gogamukh College Teachers' Unit

### Yoga and its benefits.

Later, in the Yogasana activity Mr. Pokhral, Principal Dr. Jha. teaching and non-teaching faculties and the students took part.

In the meeting Principal Dr. Dilip Kr. Jha declared that from July next, 2022, a diploma course in Yoga will be started in Gogamukh College in collaboration with Rudratish Yoga Kendra.

At the end the chairperson delivered his comments and the meeting came to an end with singing of . Jatiya . sangeet .

At the auspicious of NSS and women cell of the college, later there was a light food programme.

*[Signature]*  
President  
Women Cell  
Gogamukh College  
Sports Unit

*[Signature]*  
Principal  
Gogamukh College  
Date:.....

*[Signature]*  
Principal  
Gogamukh College  
Date:.....

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International yoga day Celebration by  
Women cell Gosamukh college, 21st June - 2022

- 1) Dr. Dilip Kumar Jha  
2) Ajoy Kumar Patra  
3) Ajit Sarmah  
4) Ubbheerwan Chitra  
5) Yadav Pooja (yoga teacher) - 21-06-2022  
6) Jhuma Das  
7) Ujjal Bishwas  
8) Sabirani panging  
9) Manoj Barman  
10) Pankaj Ghosh  
11) Abbarsh ali  
12) Akash Raj Longla  
13) Manoj Hazra - 21/6/22  
14) Sanjiv Patra 21/6/22  
15) Dipali chitra 21/6/22  
16) Rakesh Achy 21/6/22  
17) Anima Saiza 21/6/22  
18) Santanu Senit 21/6/22  
19) Pooja Kumar  
20) Preety Goyary - 21-6-22  
21) Anirudh Patra 21-6-22  
22) Bishwan Dohy 21-06-22/  
23) Rohan Pooja 21-06-22/  
24) Uma Kanta Pooja 21-06-22  
25) Prorita Basumatary  
26) Priyanka Doley  
27) Alhadhya Dasgupta  
28) Tuli Pooja - 21-06-2022  
29) Kavina Chingkrang - 21-6-22  
30) Basika Saikia - 21-6-22

- 26 / Pallavi Doley
- 27 / Sumanelli Rezu
- 28 / Udesha Merang
- 29 / Bansa Patil
- 30 / Krishna Rezu
- 31 / Sri Krishna moni Day
- 32 / Parash Doley / 21-06-22
- 33 / Debeswar Barua / 21/6/22